



## Talking to your child about climate change

A set of educational resources  
for parents





## Introduction

Dear Parents,

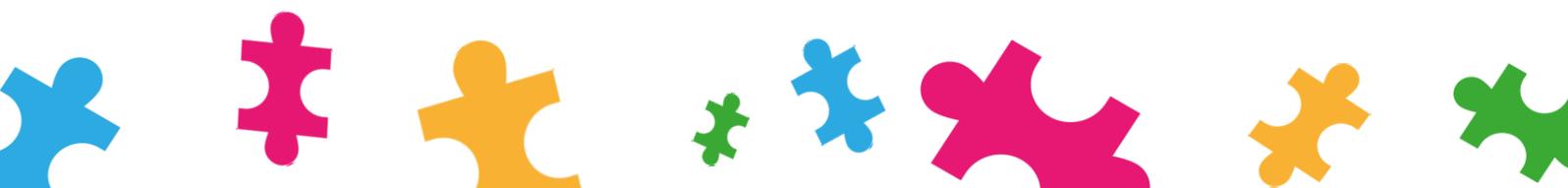
You take care of your children, and you also teach them important skills for life. You are role models for them, and you shape their personality. Your role in their lives is irreplaceable and crucial.

The ecology and future of our planet Earth is a more important topic for young people than it has been in your lives, during your childhood and adolescence. As parents, you should keep up with your children. Planet Earth is the only planet we have for life and is common to all people. We bring you educational tools for parents that include short educational videos, household exercises, and tips for parents in the field of ecology.

The topic of this set of educational resources is “Talking to your child about climate change”. You can learn about this topic. You have a chance to find out what ecological and educational activities you can do with your children and how your family can further reduce the negative impact on our planet Earth.

## Educational Video

You can find a video on talking to your child about climate change using the following link:

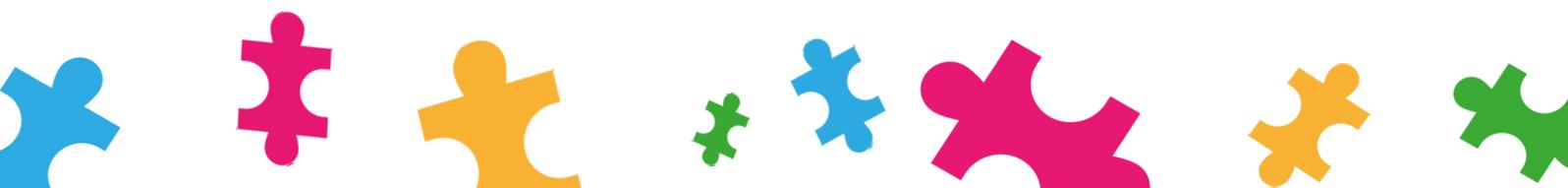




## Household Exercise

**Topic Addressed (12 of the 12): 12. Talking to your child about climate change**

<b>Exercise Title</b>	<b>Talking to your child about climate change</b>		
<b>Duration of Exercise (in minutes)</b>	20 minutes	<b>Materials Needed</b>	A pen
<b>Introduction</b>	<p>Now that you and your child have learned a lot about climate change, it's time to check in with your child about how they are feeling. Climate change can be a heavy topic for children, so it's important that we approach the topic in an optimistic, gentle manner. Use the activity in the following section to check in with your child about how they're feeling, and showing them that we have the tools to tackle climate change.</p>		
<b>Step-by-step instructions</b>	<ul style="list-style-type: none"> <li>• Instruct your child to circle the emotion that best applies to them after learning more about climate change</li> <li>• After this exercise, instruct them to come up with as many climate change solutions as they can possibly think of. If they are struggling, help them out!</li> <li>• Reassure your child that we have the tools necessary to stop climate change, and that if we all do our part, we can help tackle this global issue.</li> </ul>		





## How are you feeling?

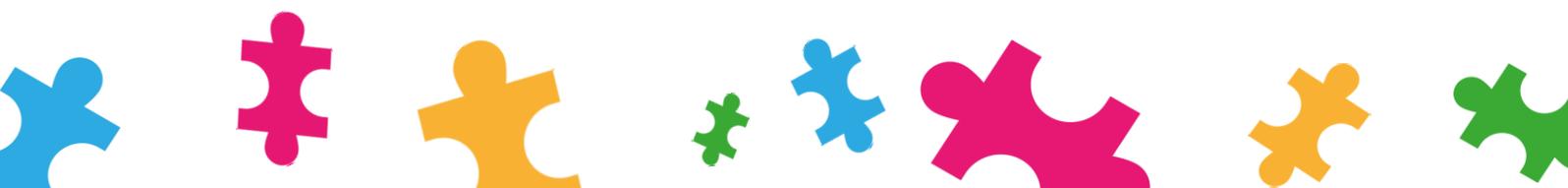
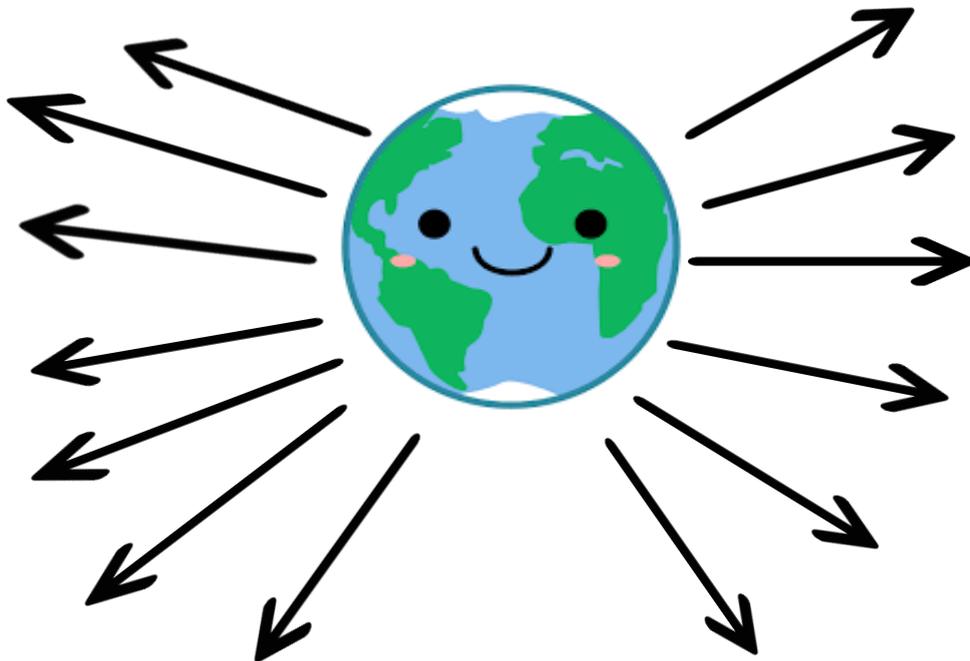


After learning about climate change and its effects, how do you feel?



We have the tools to tackle climate change!

**Exercise- based on what you have learned about climate change, continue the mind map of climate change solutions below. Think of as many as you can!** Example: Recycle





As you can see, we have the solutions tools to tackle climate change **now!**

## Tips for Parents

### Tip 1- Set weekly goals to tackle climate change

The best way to stay motivated to tackle climate change is to set weekly/monthly task goals to complete with your children to lead a more environmentally friendly lifestyle! Design a task list using a sheet of paper, and hang or stick it up somewhere visible in the house.

### Tip 2- Create a gold star reward system for your children

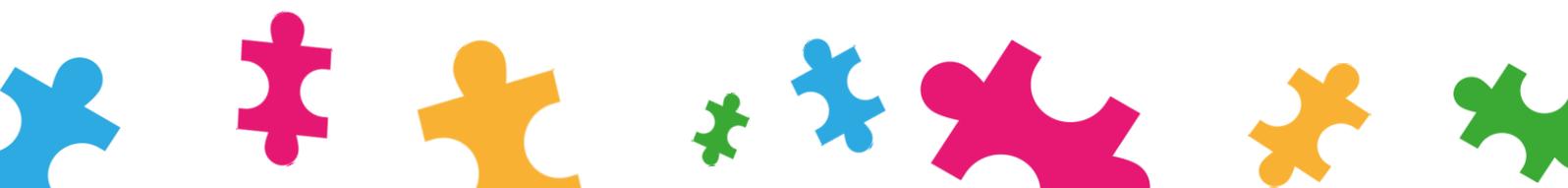
Children are motivated by small rewards, especially gold stars! Buy some gold star stickers and get a piece of regular printer paper. Give your child a gold star every time they do small tasks that help the environment, for example, recycling a piece of plastic.

### Tip 3- Advocate for your children by joining a parental climate justice group

There are some campaign groups that are specifically aimed at parents. These groups encourage parents to speak out and fight for climate change alongside their children, as climate change is an issue that past generations have created.

Check out the link below for an example of a climate justice group for parents in the UK:

<https://mothersriseup.org.uk/>



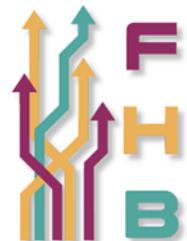


# GRETA

**Challenge-based Learning in Primary Schools for Climate Change Awareness**



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